



# NEWSLETTER

A ROUND UP OF THE WEEK AT LAUREL PARK SCHOOL

## Headteacher's Message - Adele Christofi

Another busy week at Laurel Park School, particularly for Year 10 students. This week Year 10 went to the Guildhall to take part in the London Careers Festival. Students had the opportunity to discuss careers with industry experts and various professionals. Some students came back to school particularly excited about the Aviation opportunities they discovered and enjoyed themselves in the flight simulators! Thanks to Ms Gray for coordinating the day and navigating the year group on public transport!

Year 10 and Year 11 students were taken by the drama department, as part of their GCSE course, to the Lyric Theatre in Hammersmith to watch an adaptation of Franz Kafka's *Metamorphosis*, which explores the narrative of Gregor Samsa and the struggles he faces trying to provide for his family. The pressure literally turns him into a dung beetle. The performance was done in the style of Frantic Assembly, which is a style that centres on physical theatre and movement. The students were very engaged and were particularly impressed with the set design, lighting, sound and physical strength of the main actor to be able to move around the space. I was impressed with the kindness of students on the underground, who effortlessly offered their seats to members of the public. It's always lovely to see and receive positive feedback from the community.

Sticking with Year 10, students had a sexual health workshop on Thursday of this week, which is a key part of the curriculum. As students start to mature and go through puberty, as educators, we need to ensure that they are presented with key facts and teachings that are accurate. Unfortunately, since the introduction of smartphones and social media, young people have access to a huge range of inappropriate material that presents distorted and unhealthy information on relationships. Students were given talks and workshops by nurses from the Borough of Enfield and were very mature throughout.

Year 10 also had their work experience information evening on Wednesday and it was great to see a number of parents and students there. Ms Gray did a great job in pulling together the key information and processes students will need to start working on, so that they secure a placement for the summer.

The Bank of England also came to visit this week and students had a talk about what takes place at the Bank and how the notes are made and security embedded within them. Our students were very keen to find out more and were confident to ask a range of questions. Thanks to Ms Smith for organising this - we are hoping to maintain our contact with them!.

'Champions Hour' started this week for Year 11, which is a silent study space where students can stay until 5pm. We provide snacks and drinks for the students. This week has started well and it has been a purposeful and focussed environment. Well done to those students who have started taking advantage of this provision. It's timely as Year 11 have been completing their second set of mock exams.

You will have received a letter from me earlier in the week explaining that the 15th March will be a home study day for most of the school, with Year 11s, and some Year 10s being onsite for targeted revision, coursework and public exams. The pastoral teams will also meet with parents where behaviour of a handful of students is below expectations.

Wishing you all a peaceful and safe weekend.

Ms Christofi  
Headteacher



## DERIVE

### DEFINITION

Verb:

1. to get something, especially an advantage or a pleasant feeling, from something
2. to develop or come from something else
3. to get a chemical substance from another substance

### SYNONYMS

- Obtain
- Acquire
- Stem

### SENTENCES

1. Medically, we will derive great benefit from this technique
2. This word is derived from Latin.
3. The enzyme is derived from human blood.

### ETYMOLOGY

The verb "derive" (1300-1400) French dériver, from Latin derivare "to draw out water", from rivus "stream"

## MARCH

Tuesday 5th: Health drop in clinic

Wednesday 6th: Year 6 welcome evening (virtual)

Thursday 7th: Year 9 visit to Digital and Creative Exhibition

Monday 11th: Southern Challenge STEM trip

Tuesday 12th: Year 6 Taster Day

Wednesday 13th: Year 9 immunisations; Year 7 Parents Evening

Thursday 14th: Tina Turner Education Day

Tuesday 20th: Dance Festival

Thursday 21st March: Year 10 workshops; Year 9 immunisations; Open morning

Tuesday 26th: Health drop in clinic

# Character Education focus of the week

New month, new virtue!

This month's Virtue is **Critical Thinking**

Critical Thinking is the ability to think reflectively and to come to independent conclusions

"Reserve your right to think, for even to think wrongly is better than not to think at all." - Hypatia of Alexandria

This weeks' value is **excellence and ambition**

### How can Critical Thinking help us achieve Excellence?

- By **thinking critically**, even when we are unable to answer a difficult question, we can use previous knowledge and attempt it in a different way, helping **excel** in subjects that we find difficult.
- **Critical Thinking** helps us organize our thoughts and express them clearly, helping us **excel** in presentations, debates and speaking exams.

### How can Critical Thinking help us achieve Ambition?

- **Ambition** is a strong desire to do or achieve something new. This means that we need to be able identify habits that hold us back and do not let us achieve new goals.
- By using our **critical thinking**, we can identify which habits do not work any more and find new suitable ones to replace them.

# Top Character points for this week

## Year 7

Shri, Esham, Favour, Simon, Adem, Alice, Fatoumata, Alex C, Diana, Marianna, Daryna, Nita, Dennise, Kania, Safa, Amelia, Vy, Aida, Anna, Urooj, Daria, Zaynab, Stephanie, Joris, Muniira, Gergana, Sophie, Rojina, Chloe, Calebe, Daniel, Gabriel S, Nicole, Edwin, Alexandros S, Alexandru S, Shaniya, Vasilen, Isabely, Oliver, Khairiya, Sami

## Year 8

Darvin, Beyza, Kaitlyn, Nicollas, Katie-Nicole, Emily, Roan, Muhammet, Rumeysa, Buse, Juan, Flavia

## Year 9

Joy, Tallulah, Youcef, Keiran, James, Marina

## Year 10

Niki, Amir, Eylul, Jaylia, Lara, Fatmata, Alexandra-Diana, Serena, Raul, Antelainta, Melina, Saef, Georgi K, Edlira, Brielle, Nefeli, Kira, Maida M, Jasmin, Laura, Ana, Maria, Kristiana, Daria

## Year 11

Caleb, Hattaa, Jesse, Khang



## HEALTH DROP-IN CLINIC

## FOR STUDENTS

Run by The Enfield School Nursing Team 0-19 Service

Location: Student Support room (A corridor)

Dates: Tuesdays - 6th Feb, 5th March, 26th March, 16th April, 14th May, 11th June, 9th July

Time: Lunchtime

**all students welcome**

Discuss **any** health concern with a nurse in a safe space.  
Sessions are confidential. No appointment needed – drop by!

If you'd like some confidential health advice, and are unable to attend the drop-in clinic, please call the school nursing team on 020 3988 7300.

  
North Middlesex  
University Hospital  
NHS Trust

 North Mid  
in the community

Mental Health | Acne  
Periods | Puberty | Hygiene  
Healthy Eating | Sleep  
Smoking/Vaping  
Sexual Health | Vaccinations

 LAUREL  
PARK  
SCHOOL

A reminder that our next health drop in clinics that will be on Tuesday - these are drop in sessions that all our students can attend.

We are really grateful for the support from North Middlesex for making this happen

Next week it  
will be week 2

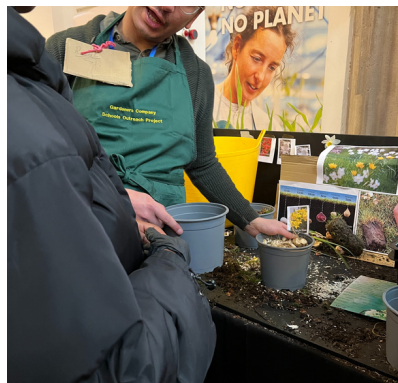
We are looking forward to meeting out new 2024 Year 7 parents and students at our virtual Welcome Evening on Wednesday and our Taster Day on Tuesday 12th



# Year 10 at London Careers Festival

On Tuesday all of Year 10 went to the Guildhall to take part in the Livery and Careers Showcase. Students got a chance to speak to many professionals about their careers choices and find out how to get into industries such as horticulture, bespoke bakery, watch making and even basket making!

Some students also took part in a 'Skills for the World of Work' workshop, teaching them that there are a number of transferable skills to be used in many different careers





# Careers Corner

A BIG THANK YOU TO:

Our incredible Year 9s who have already completed their Options forms ahead of the deadline - an absolute incredible response! Well done

All our Year 10 students and parents who attended the Work Experience information evening. I will send more information out in due course for those who couldn't attend

THANK YOU!

## Year 10s better informed on how to keep themselves safe!

Year 10 were really fortunate to have Enfield Sexual health team come and visit to talk to them about how to keep themselves safe when it comes to sex.

Students were given some great advice about the options available to them and asked some really sensible and mature questions to help them make more informed choices

## Year 11 mocks continue next week

Well done to the Year 11s who have been working through their mocks this week.

We are now more than halfway through - students should still be working hard to plug the knowledge gaps that can make a difference to their final grade



## KS4 Drama students see Metamorphosis come to life!

Year 10 and 11 Drama students get to visit the fantastic Hammersmith Lyric to see Frank Kafka's Metomorphosis. This will really support them with their GCSE course. The performance was thoroughly enjoyed by all





# CHILDREN'S BRAZILIAN JIU-JITSU CLASSES

In honour of International Women's Day, Alexandra Park BJJ is offering free martial arts classes for girls for the month of March. (Please note these are mixed-gender classes).

Classes will take place at the following times:

Tuesdays

- 19:00 - 20:30 (Children aged 12 to 18 years old)

Saturdays

- 12:00 - 13:00 (Children aged 6 to 12 years old)
- 13:00 - 14:30 (Children aged 12 to 18 years old)

Pre-booking is essential for the 12:00 - 13:00 class.



**To book a place email:  
[enquiries@alexandraparkbjj.co.uk](mailto:enquiries@alexandraparkbjj.co.uk) or  
visit <https://bitly.ws/3aZqq>  
or scan the QR code:**

Alexandra Park BJJ, Alexandra Park School (The Gymnasium),  
Rhodes Avenue, London, N22 7UT



**SCAN ME**